

TRANSFORMING MATERNAL & NEWBORN HEALTH

2023 Annual Report

256

**maternity
workers**

trained in WHO
Essential Newborn
Care at 109 public
health facilities
(Jan. 2023-May 2024)

55,000+

**births
supported**
(post-training)

1,400+

newborns
successfully
resuscitated at birth
(post-training)

*Evelyn and her baby boy, born via a Bulamu
Healthcare supported C-section.*



*More than 1,000 newborns
helped to take their first breaths:
See a 1-minute video on our work*

Bulamu
Healthcare



“It was late 2023,” Florence recalled. “I had no prenatal care, my husband was away, and I felt too unwell to walk. At 7 months pregnant, I went to the nearest health center for my first prenatal visit. The midwife told me I was having twins and they were coming.”

“In great pain, I traveled to the health center for a C-section. I couldn’t afford an ultrasound, but Bulamu Healthcare’s program provided a free scan, and we learned it was triplets! The health center managed my care, and the babies spent weeks in the [center’s Neonatal Care Unit] before coming home. By then, my husband had returned. Bulamu’s team still checks in and provides supplements and advice for our babies.”



Florence’s premature triplets receiving care from the Neonatal Care Unit at their local health center. We provided training and mentorship to help the NCU function. Thanks to our support and equipment from USAID, the triplets received the care they needed without being referred out of district to a hospital their family could not afford.

Our Services:

- ✓ **WHO Essential Newborn Care Training** for maternity team
- ✓ **Essential Maternity & Surgical Supplies** to ensure free C-section without delay
- ✓ **Training and launching Neonatal Care Unit** where triplets received care



**Help a Baby Take
Their First Breaths:**
See a 1-minute video!

Dear Friends,

On behalf of Bulamu Healthcare's patients and partners, we are delighted to share this Annual Report with you. Today, Bulamu operates two programs:

1. Our **Surgery Program** treats patients directly, while also coordinating and funding specialty surgeries for children at partner referral hospitals throughout Uganda.
2. The **Health Center Excellence Program** works through existing public health facilities and teams to strengthen Uganda's public health system, notably through dramatic improvements in Maternal, Newborn & Child Healthcare.

All care and support is provided free of charge to patients, their families, and communities. A few key themes emerge throughout this report, each of which is vital to our mission:

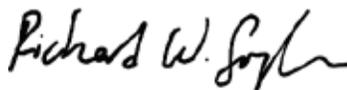
- **Partnerships:** Bulamu works with national medical leaders in Uganda for both surgery and Maternal, Newborn & Child Healthcare (p. 9). These experts are indispensable leaders for our team. In turn, Bulamu's support helps bring proven programs to rural communities through primary health facilities, to ensure medical care reaches as many people as possible.
- **Local Leadership:** All of Bulamu's programs are led and implemented by Ugandan health workers. Leveraging Uganda's public health facilities is the key to our ability to scale our impact at very low cost.
- **Vision and On the Ground Organizing Expertise:** What Bulamu brings to this work is our mission to serve patients living in need and our team's capacity to deliver evidence-based programs to significant numbers of primary healthcare facilities.

This work is possible thanks to an experienced team that has grown over time. We want to thank Bulamu's longtime Board Chair Dick Chandler for his service and tireless efforts since 2017, which have led to our current structure. Bulamu's Board now counts 14 members, with 3 African directors including our Uganda Board Chair. An additional 9 African health leaders serve on our Advisory Council.

Most importantly, this report lets a few of the thousands of patients Bulamu has cared for speak for themselves. We hope you are inspired to support the work that made their stories possible.



Elena Patterson
Board Chair



Richard Siegler
President & CEO

This report is dedicated to the patients whose care Bulamu's team provides and supports. We thank the patients featured for providing their informed written consent to share their photos and stories. We are grateful to the Ugandan health professionals who provide these services.

OUR SERVICE SINCE JANUARY 2023:



250+

Ugandan maternity workers trained in WHO Essential Newborn Care standards



2,942+

surgery patients treated & referred to receive care

■ MATERNAL, NEWBORN & CHILD HEALTH



Baby Jordan was among the first newborns to benefit from the WHO Essential Newborn Care training we provided to the maternity workers at his local health center. After the health workers delivered Jordan by C-section due to fetal distress, he had difficulty feeding in his first weeks of life. Fortunately, Bulamu had trained his health facility's team in WHO standards of care for small and sick babies. Our team also mentored the health workers onsite in cup feeding until Jordan was stabilized.

THE CRISIS:

#1 Neonatal disorders are the **LEADING CAUSE** of death in Africa

1 IN 60 Lifetime maternal mortality rate in East Africa (women 15 and older)

>3 MILLION neonatal, stillbirth, and maternal deaths per year occur in Africa

>75% of newborn and maternal deaths are preventable or treatable (WHO)

50% WHO Essential Newborn Care training reduces neonatal mortality rates by **UP TO 50%**



Jordan, now 8 months old, and his mother, Tracy

OUR RESULTS:

256 maternity workers trained in WHO Essential Newborn Care

109 health facilities trained

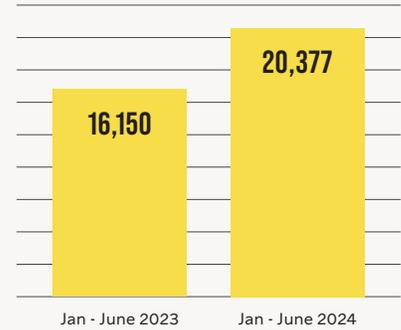
delivered **70,000** newborns in 2023

Janet and her twins being discharged home

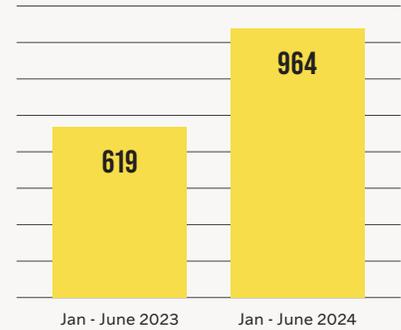


WHAT IS CHANGING?

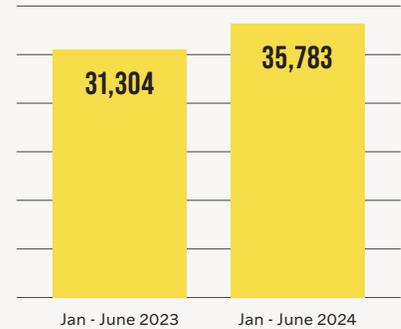
Women Attending 4+ Antenatal Care Visits: +26%



Newborns Resuscitated: +56%



Newborns Discharged +14%



Our Maternal, Newborn & Child Health Program:

- 1. WHO Essential Newborn Care Training and Helping Mothers Survive Training**
- 2. Onsite Mentoring**
- 3. Graphic Dashboards** to support Quality Improvement
- 4. Equipment** for Health Facilities' Maternity & Neonatal Care Units
- 5. Emergency Transportation app** to coordinate patient referrals
- 6. Essential Maternity & Surgical Supplies**
- 7. Leadership Network** connecting health workers with trainers & national medical leaders

>1,400 babies successfully resuscitated at birth (post-training)

1,397 Emergency Transport patients supported (2023)

9,078 C-sections provided by our partner health facilities, many supported by donated Essential Maternity & Surgical Supplies

■ SURGERY PROGRAMS



2,942

surgery patients treated
& referred to care (2023)



12,800+

surgery patients treated
since 2016



Jane had a goiter for 6 years, until our surgery team treated her free of charge.



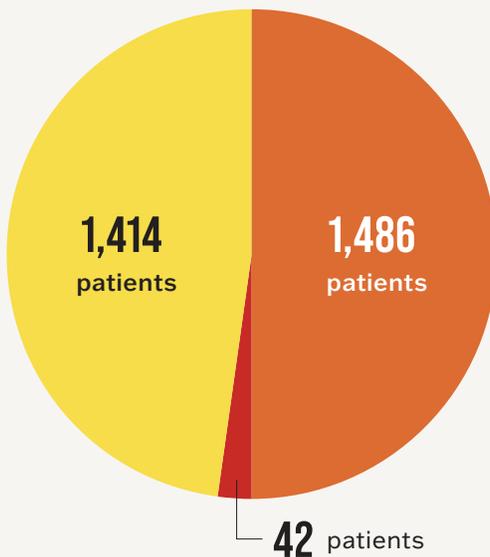
Winnie waited years for care that her family could not afford. We referred her to the leading orthopedic hospital in Uganda and paid her family's bill. Today, she can run!



Bulamu has built an excellent team over time. I haven't met such a team anywhere else in this country. It's always a pleasure for me to serve with your surgery programs, and the care that the staff give is amazing! Thank you for working tirelessly to help Ugandans in need."

- Dr. Brenda Akula, Ugandan surgeon who has served with Bulamu repeatedly

2023 Surgery Patients Treated

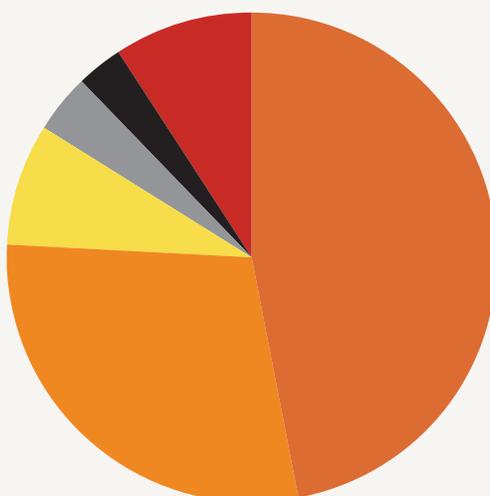


■ **Surgery Intensive Program:** We funded and implemented 4 weeklong surgery programs at rural partner community hospitals, treating more than 300 surgery patients per week free of charge.

■ **Association of Surgeons of Uganda (ASOU) annual surgery program:** We provided funding and team members to support ASOU's annual weeklong surgery program, which treated patients in 10 partner hospitals over one week.

■ **Angel Patient Referral Program:** We are a leading source of patient referrals for Uganda's best specialized pediatric hospitals. CoRSU (orthopedic, reconstructive surgery, cleft lip, spinal bifida), CURE Hospital, and EMERGENCY Children's Surgical Hospital are crucial partners for our pediatric patients for the care they provide. Bulamu is one of the leaders in referring patients from rural areas to each hospital.

Surgery Intensive Patient Conditions Treated



- **47%** Hernia repairs
- **29%** Mass excisions (e.g., cystectomies)
- **8%** Thyroidectomies
- **4%** Orchidectomy & related procedures
- **3%** Laporatomy & related procedures
- **9%** Other Procedures

HEALTH SYSTEMS STRENGTHENING HIGHLIGHTS



Left & middle: A baby admitted to the Neonatal Care Unit we helped open in her home district.
Right: Baby and mother, home and healthy at 5 months old!

100%

of maternity workers trained in Essential Newborn Care training in 8 districts' public health facilities

36

expert trainers for WHO Essential Newborn Care trained

9

Neonatal Care Units trained & launched

1,000+

small and sick babies provided with care through Neonatal Care Units (NCUs)

>90%

of babies treated at NCUs remain within their home district for care

All-Time Highlight

Before:
7%



7x increase in taking Adult Blood Pressure at **350+ public health facilities** treating **4+ million** outpatient visits per year



After:
48%

■ OUR PARTNERS



Rotary Clubs in Uganda and the U.S. have contributed significantly to Bulamu’s work, led by Past District Governor **John Magezi Ndamira**. In 2022, Rotary Club of Kampala-Naguru and Rotary Club of Rancho Santa Fe, California managed a \$90,000 grant that provided 125 public health facilities with the devices and training they need to take vital signs. In 2023-24, **Rotary Club of Kampala-Central** and **Rotary Club of Encinitas** are leading a \$245,000 grant to provide newborn care training to health workers and deliver much-needed equipment to public health facilities.

Dr. Margaret Nakakeeto serves as Chair of the **Newborn Steering Committee of the Ministry of Health**, as well as on Bulamu’s Board of Directors. In 2023, with Bulamu Director Dr. Yvonne Vaucher, Dr. Nakakeeto received the American Association of Pediatrics’ Hillman-Ollness Global Health Partnership award. In early 2024, Dr. Nakakeeto received Uganda’s “Heroes of Health” award for Maternal and Child Health, winning by more than 100,000 votes.

Since 2018, we have referred more than 500 children to leading specialty hospitals in Uganda. **CoRSU** provides world-class orthopedic and reconstructive surgical care. **CURE Hospital** treats children for hydrocephalus with caring and outstanding results. **EMERGENCY Hospital** is Uganda’s newest pediatric surgery hospital, with all care provided free of charge.

Since 2021, Bulamu has conducted all surgery programs in partnership with the **Association of Surgeons of Uganda**. We thank ASOU’s leaders and its members for their partnership and service on behalf of African surgery patients in need.

Uganda’s Ministry of Health remains our leading strategic partner, as all of our programs take place at Government-owned public health facilities.

Imaging the World regularly provides ultrasound teams for all of our programs.

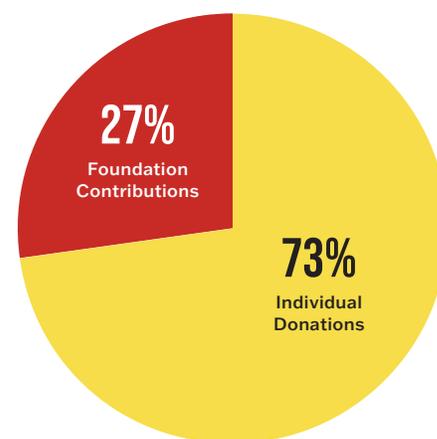


	2021 <i>Audited</i>	2022 <i>Audited</i>	2023 <i>Audited</i>
Support and Revenue			
Contribution from Individuals	\$1,050,623	\$1,370,928	\$1,238,324
Contributions from Foundations	\$145,000	\$200,000	\$450,000
Grants from Partners	-	\$24,507	\$3,024
Other Income (Loss)	\$18,566	\$460	\$ 579
Total Support and Revenue	\$1,214,189	\$1,595,895	\$1,691,927
Expenses			
Program Expense (Uganda):			
Clinical Support Teams	\$323,008	\$155,261	-
Surgery Intensives and Acute Care Program	\$331,306	\$309,762	\$398,209
Impact Evaluation and Research Studies	-	\$35,079	\$20,332
Health Center Excellence (HCE) Program	\$475,789	\$786,503	\$923,874
Total Program Expenses	\$1,130,102	\$1,286,605	\$1,342,415
Support Activities (U.S.):			
General and Administrative	\$168,455	\$213,065	\$172,205
Fundraising	\$37,825	\$124,469	\$ 21,212
Total Support Expenses	\$206,280	\$337,534	\$393,417
Total Expenses	\$1,336,382	\$1,624,139	\$1,735,832
Change in Net Assets	\$(122,193)	\$(28,244)	\$(43,905)
Net Assets, Beginning of Year	\$212,507	\$90,314	\$62,070
Net Assets, End of Year	\$90,314	\$62,070	\$18,165

Management’s Discussion & Analysis (MD&A):

- Bulamu’s financial statements were audited according to US Generally Accepted Auditing Principles by PKF International, a global firm. Total contributions increased 6% to \$1,691,927, thanks in part to foundation donors.
- Bulamu’s work now comprises 1) Direct Treatment programs, which provide surgical care for patients in need, and 2) the Health Center Excellence program, which works through partner health facilities and their teams of licensed health workers to improve care in scalable, evidence-based ways.
- In 2023, Surgery Program spending increased 29%. Bulamu and our partners, the Association of Surgeons of Uganda (ASOU), treated more than 2,900 surgery patients through 5 week-long programs and the year-round Angel Patient referral program.
- The HCE program’s Maternal and Child Health spending grew more than ten-fold from 2022, as we expanded and converted our pandemic era response programs to an ongoing MCH program to address pressing needs in partnership with national public health leaders in Uganda.
- All care and programs were provided at no charge to the patients, their families, and communities.
- Bulamu’s Board of Directors supports all U.S. administrative expenses.

2023 Support



78%

of funds spent on medical programs in Uganda



**“Thank you
for giving my
grandson his
smile back.”**

– Grandmother
raising her 3-year-
old grandson,
following the care
we helped him
receive at CoRSU

Management Team:

Richard Businge, *Maternal, Newborn & Child Health Program Director*

Esther Kabugho, *Director of Administration*

Amanda Lilly, *Development Director*

Mackay Masereka, *Vice President and Country Director**

Dr. Andrew Mukuye, MBChB, *Health Center Excellence Program Director*

John Schniedwind, *CFO*

Richard Siegler, *President & CEO*

Board of Directors:

Elena Patterson, *Board Chair (US)*

Dr. Patrick Kyamanywa, MMed, MPH, FCS, *Board Chair (Uganda), Vice Chair (US)**

Dr. Yvonne Vaucher, MD, MPH, *Board Secretary**

Richard Siegler, MA, *President & CEO**

Dick Chandler, MBA

Dr. Lisa Hirschhorn, MD, MPH

Volker Kuebler, MBA, PhD

Dr. Margaret Nakakeeto, MbChB*

Joan Nolan

Bonnie Ng, CA

Margaret Paul

Dr. Marc Philippon, MD

Christine Russell, MBA

Charles Sheldon, MBA

** Bulamu Healthcare Uganda Board of Directors*

Bulamu Advisory Council:

Dr. Pauline Byakika, MSc, MMed, PhD

Dr. Philip Cotton, OBE, MD, FRCGP, CorrFRSE

Christopher Crane, MBA

Dr. Mary (“Mimi”) Dunne, MD

Trent Fuenmayor, MBA, MAR

Dr. Moses Galukande, MMed, PhD

Dr. Djordje (“Joe”) Gikic, MD, MPH

Dr. Andrew Griffin, MD

Rumbi Gumbi, RN, MS

Greg King, MBA

Eva Nangalo

Dr. Chad Perlyn, MD PhD

Scott Sabin, MA

Dr. John Sekabira, MMed

Dr. Jeremy Schwartz, MD

Dr. Timothy Sentongo, MBChB

Dr. JaBaris Swain, MD, MPH

Dr. Lorna Tumwebaze, MbChB

Dr. Peter Waiswa MBChB, MPH, PhD

Stefanie Weiland, MSc, MPH



HELP A MOTHER IN NEED. HELP A BABY TAKE HER FIRST BREATHS.

Help Us Support 100,000 Safer Births Per Year!



Watch *Baby Miracle's Story*: See a 1-minute video

“BULAMU” MEANS LIFE. BE A LIFELINE TODAY!

- 1 maternity worker trained** in WHO Essential Newborn Care & Helping Mothers Survive **\$1,400**
- Sponsor 20 patients'** surgical care **\$5,000**
- Support more than 1,000 safer births** by sponsoring 2 maternity facilities for 1 year..... **\$10,000**



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